

July, August 2020 Protocols!!

Morris Curling Club

Covid 19 Protocols for Summer Training Sessions

Cargill Curling Training Centre

In order to ensure curlers and staff safety, the following protocols will be in place.

- only those that can answer the following questions with a “no” will enter the building.
 1. Do you have a fever and /or new onset of cough or difficulty breathing, runny nose, sore throat or headache?
 2. Have you travelled outside of the province in the past 14 days?
 3. Have you been in contact with anyone who has travelled outside the province in the past 14 days?
 4. Have you had close contact with a confirmed or probable case of Covid 19?
- Training sessions will be staggered so that teams do not gather. **Teams & Coach only** will be allowed entry 15 minutes before their on ice session begins. (The Morris Multiplex will be locked and opened only to allow players entry and then relocked.)
- Practice sessions will be staggered by 20 minutes to allow time for one team to be on ice before a second team enters the building.
- All entering the building will use hand sanitation as they enter the facility.
- There will be no food services or bar services open and to minimize the area for sanitation, only the main floor washrooms will be open. No access to the change rooms. Players are recommended to come as close to ice ready as feasible.
- Bathrooms, door knobs, etc. will be wiped with antiseptic wipes every 2 hours if facility is in use.
- Hand sanitizer and wipes will be outside each of the bathrooms. Players should sanitize going in and out of the bathroom.
- Rock handles will be wiped with antiseptic wipes between bookings.
- Only alternate sheets will be booked to ensure social distancing is maintained. (as social distancing is relaxed, we may book all sheets)
- Maximum of 6 persons per sheet – 5 players and one coach
- Players will keep 2 metres between themselves and any other person at all times.
- Players will only use their designated rocks to avoid any cross contamination. There should be no sharing of equipment.
- Only one person will access the training equipment. Sanitation will be available to wipe down after use in readiness for the next player
- If doing sweeping drills, only one person shall sweep at a time. The second sweeper may follow the rock but will keep at least 2 metres away from the first sweeper. They can provide advice and encouragement on sweeping
- Scoreboards are not to be used during training sessions.
- Players/coaches will respect social distancing with other players at all times – whether assisting in the house or providing feedback on delivery or other technical areas.